



# Resilience Ed: Empowering Students for Lifelong Success

A Program for Schools Committed to Student Well-Being and Long-term Improvement



*"It has been heartbreaking to see these students in my office, having to expel them. It was an endless circle of nothing changing. This program is exactly what our school has been looking for. We are excited. The students are feeling the change. I have hope now."*

– M. Chipman, Dean of Students



AMERICAN ACADEMY OF  
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## Why Resilience?

In a time of escalating academic pressures and social-emotional challenges, resilience is the cornerstone of student success. Research underscores that resilient learners exhibit higher engagement, improved mental health, and greater adaptability—traits critical for thriving in school and beyond.

The Resilience Ed Program equips students with evidence-based strategies to navigate adversity, foster grit, and cultivate emotional agility, ensuring they emerge as confident, capable individuals.

## Impact

- **Resilience:** Reduces anxiety, improves coping strategies, and fosters grit.
- **Health:** Combats vaping epidemics with science-backed addiction recovery frameworks.
- **Leadership:** Instills John Maxwell's principles of influence, growth, and service.

## How To Implement

1

### Consultation & Planning

Tailor the program to your school's unique needs.

2

### Sustain & Scale

Ongoing support, progress tracking, & ensuring lasting impact through check-ins & resources.

3

### Launch

Seamless integration into existing schedules (e.g., advisory periods).

Schedule a Discovery Call Now.

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